

PHYSICAL EXAM REQUIREMENTS

per Connecticut State Law C.G.S. Sec 10-206

Students Newly Enrolled to Darien Public Schools No student will be admitted to the Darien Public Schools until a school nurse has reviewed the new entrant's completed health assessment and immunization records.

Student Grade	Health Assessment	Date Due to DPS Nurse	Date of Exam
Pre Kindergarten	<u>State of Connecticut Early Childhood Health Assessment Record (the Yellow form)</u>	Due prior to school entry and annually	Must be dated no earlier than 365 days prior to school entrance. For this coming school year (2009-2010), the physical must be dated on or after September 1, 2008.
Entering K	<u>State of Connecticut Department of Education Health Assessment Record or its equivalent (the Blue Form)</u>	Due prior to school entry	Must be dated no earlier than 365 days prior to school entrance. For this coming school year (2009-2010), the physical must be dated on or after September 1, 2008.
Transferring from any U.S. private school (including CT)			
Transferring from public or private school outside U.S.			
Transferring from any U.S. public school (including CT)	<u>State of Connecticut Department of Education Health Assessment Record or its equivalent (the Blue Form)</u>	Due prior to school entry.	Dated during year child entered K, 6 th or 10 th grade, if exam meets requirements of Connecticut State Law. Or, dated no earlier than 365 days prior to school entry

Students Currently Enrolled in Darien Public Schools:

Entering Grade 6	<u>State of Connecticut Department of Education Health Assessment Record (the Blue Form)</u>	Must submit form to school nurse during school year and before entrance into 7 th grade or 11 th grade. For school year 09-10 must be dated on or after January 1, 2009
Entering Grade 10		

Mandated Screening/Test under Connecticut State Law C.G.S. Sec 10-206

- A health and development history as physician feels is necessary and appropriate.
- A chronic disease assessment: which shall include, but not limited to asthma
- Hematocrit or hemoglobin test
- Height, weight and blood pressure
- Vision, hearing, postural, gross dental screenings
- It is recommended that an assessment be made of the risk of exposure to tuberculosis. If the child is at high risk, a Tuberculosis Skin Test is required with the health examination. In addition, students originally from high risk countries that are entering CT schools for the first time, must receive a Tuberculosis Skin Test.
- Documentation of complete up to date immunization at the time of entry into the Darien Public School System in accordance with state law C G S 10-204a and the State of CT Department of Public Health Immunization Requirements for Students in Connecticut public schools. (CT Department of Public Health Requirements on website)

Exceptions to the school entrance immunization requirements:

1. Certificate from your physician stating the medical reason an immunization is contraindicated for the child.
2. A statement from the parent or guardian that such immunizations are contrary to the child's religious beliefs.

Please note: Physical examinations performed outside of the United States are not accepted. Physical examinations performed outside of the state of Connecticut must be signed by a medical doctor.

INTERSCHOLASTIC ATHLETES – DHS only

Form: Sport Participation Health Record

Student athletes participating in an interscholastic sport must, in accordance with CIAC rules and the Darien Board of Education, have an annual Sports Participation Physical current within 13 months of the beginning of tryouts, practice and competitive play. This Sports Participation Physical must be kept updated and on file with the school nurse. At no time shall an athlete be allowed to practice or compete if the sport participation physical date exceeds 13 months. Even if the sport participation health physical was accepted at the beginning of the season, if during the season it becomes more than 13 months old, the athlete will not be allowed to continue to practice or play until a new sport participation physical is on file with the school nurse.